Omega 369 - 100 capsules







DOmega 3,6 and 9 fatty acids combined in one capsule **Minimum order: 10 bottles**

Rating: Not Rated Yet

Price

Ask a question about this product

Description

The Omega 3,6 and 9 fatty acids are essential fatty acids which means that they have to be taken in from external sources. Most people already eat too much fat so the question arises, why should you take even more fat in capsule form. Unfortunately, most food items contain mainly saturated fatty acids which can cause elevated cholesterol levels as well as other ailments.

Unsaturated fatty acids such as the omega fatty acids do exactly the opposite and can therefore play an important part in a healthy lifestyle.

All ingredients are carefully chosen for their exceptional quality.

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