

Blueberry Extract 70 g glass



pure blueberry extract with min. 0,7% anthocyanidins without additives.

Minimum order: 12 glasses

Rating: Not Rated Yet

Price

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Description

Blueberries contain a variety of ingredients which can be beneficial for human health. The most important group of these are proanthocyanidins. They belong to the group of flavonoids and are also responsible for the colour of the berry. Aside from proanthocyanidins, blueberries contain a variety of other flavonoids.

In folk medicine, blueberries are known for their positive effect against diarrhea. Studies also suggest that blueberries can help to regulate blood sugar levels. Another key effect is the ability of blueberries to improve night vision.

Our extract is 10 times concentrated and contains apx. 0,7-0,8% proanthocyanidins.

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