

## Elderberry fruit powder 70 g glass



pure elderberry powder without additives

**Mindimum order: 12 glasses**

Rating: Not Rated Yet

**Price**

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### Description

Elderberries are mainly growing in northern europe. The berry has a pleasant fruity taste and contains a variety of secondary plant sterols.

Elderberry is especially known for it's beneficial properties against common colds. An Australian study has shown, that Elderberry can greatly reduce symptoms of colds, especially those which are caused by stress and a weakened immune system.

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